Javis (G. G.)

(No. I.)

THE NATIONAL TEMPERANCE HOS-PITAL,

CHARLES G. DAVIS, M. D.

(Chairman Staff of Allopathic Physicians.)

For hundreds and thousands of years the doctrine has been advanced that alcoholic beverages were useful as food and medicine. Owing to this teaching, it is evident to every intelligent mind, that the final and decisive battle against intemperance must be fought in the medical profession.

Acknowledging the beneficial results following the various efforts now being made to suppress the use of alcohol, it is believed that a still greater advance may be made by actual demonstration in the sick-room, proving that alcohol is not a food, and that its use as an active medicinal agent is not essential. Looking to the demonstration of this fact, the National Temperance Hospital has been organized and established in the City of Chicago.

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The following may be recognized as the basic principles upon which the institution is established and upon which it expects to rest and win fame through the coming years.

- 1. Alcohol is a poison.
- 2. When taken into the system, the greater portion of it is not combusted but eliminated in its normal condition through the various organs of excretion.
- 3. In its passage through the system, it destroys the tissues of various organs, by coagulating the albumen and absorbing the water.
- 4. It lowers the temperature by disturbing the physiological and chemical processes of the body.
- 5. It lessens the amount of carbon di-oxide excreted by the lungs, thereby loading the system with this poison and giving rise to various pathological processes.
- 6. It diminishes the power to withstand extreme heat or cold.
- 7. It weakens the power of the heart and paralyzes the entire vaso-motor nervous system.
- 8. By its interference with the normal functions of the various organs, it lessens the power of the human body to withstand disease.

 It does not strengthen or stimulate, but depresses and diminishes the capacity for mental and physical exertion.

10. There is no disease afflicting the human body but what may be more successfully treated without the use of alcohol than with it.

Through daily observations made at the bedside, it is being satisfactorily demonstrated that all of the various diseases for which alcohol has been considered for many years the most important therapeutic agent, recover more readily without it. In typhoid fever, typhus fever, diphtheria and many other diseases in which the action of the heart grows feeble, we find the circulation strengthened by such remedies as carbonate of ammonia, aromatic spirits of ammonia, digitalis, caffeine, cactus grandiflora, and other remedies, far more efficiently than by using alcohol.

The object of the National Temperance Hospital is to elucidate these principles and demonstrate to the world the scientific fact, that alcohol is not necessary as food or medicine.

Erected as it is upon these great foundations of truth, it will undoubtedly receive the hearty co-operation and firm support of all those who love the cause of temperance and desire the uplifting of mankind. The Hospital is situated at 3411 Cottage Grove Avenue, a beautiful location near the lake side, has an efficient staff of physicians of both sexes and schools, an admirable force of trained nurses, and is open to all classes of patients, except those afflicted with contagious diseases, at usual rates. All are treated absolutely without alcohol, so that each one sent there helps to demonstrate the great principle for which the hospital exists. Applications for admission can be made to Dr. Ousley, resident physician, Temperance Hospital, 3411 Cottage Grove avenue,

A movement is on foot to build a new hospital.

Contributions for the new Hospital building may be sent to Mrs. C. E. Bigelow, 539 W. Adams Street, Chicago.